



Name: \_\_\_\_\_  
 Graduation Date: \_\_\_\_\_  
 NCAA Eligible? \_\_\_\_ Yes \_\_\_\_ No  
 \*updated 6/10/2022

## Sherman Thomas Charter High School's Four-Year Plan

Diploma/Community College/Vocational	4 Year College (CSU)	Competitive College (UC)/Ivy League
<b>Definition:</b> A student on this track will receive a high school diploma. Students must complete the following course requirements with a grade "D" or higher grade. Admission to Community College is open to anyone who is at least 18 years old, or has a high school diploma or the equivalent ( <i>STCHS does not offer Certificates of Completion or GED</i> ). At a Community College, one can obtain a AS, AA, Certification, or Transfer to a four-year College or Competitive College. <b>Cost:</b> Full time student annual cost approximately \$1,300 a year for tuition at Community Colleges in California. <b>Examples:</b> Madera Community College, Fresno City College, and Reedley College. <i>116 campuses in California.</i>	<b>Definition:</b> A four-year college where one can obtain their Bachelor's degree (BA: Bachelor of Arts or BS: Bachelor in Science). Master's and PHD programs are also available. <b>Application Requirements:</b> <ul style="list-style-type: none"> <li>• SAT or ACT test (scores vary by school)</li> <li>• "C" or better in core classes</li> <li>• GPA must be above a 2.0</li> </ul> <b>Cost:</b> Full time student annual cost approximately <b>\$8,000</b> a year for tuition at California State University schools. <b>Examples:</b> CSU Fresno (Fresno State), CSU Sacramento (Sac State), CSU Bakersfield, CSU Monterey Bay. <i>23 campuses in California.</i>	<b>Definition:</b> A four-year competitive college where one can obtain their Bachelor's degree (BA: Bachelor of Arts or BS: Bachelor in Science). Master's and PHD programs are also available. <b>Application Requirements:</b> <ul style="list-style-type: none"> <li>• SAT or ACT test (scores vary by school)</li> <li>• "C" or better in core classes</li> <li>• GPA must be above a 3.0</li> </ul> <b>Cost:</b> Full time student annual cost approximately <b>\$13,000</b> a year for tuition at University of California schools. <b>Examples:</b> UC Merced, UCLA, UC Berkeley, and UC Davis. <i>9 campuses in California.</i>

\* *STCHS does not offer Certificate of Completions or GED's.*

My Graduation Plan is \_\_\_\_\_. I plan to be \_\_\_\_\_.  
 (Graduation Pathway) (Occupation)

### Credit Requirements:

Subject	Diploma/Community College/Vocational	4 Year College (CSU)	Competitive College (UC)/Ivy League
English	4 years (40)	4 years (40)	4 years (40)
Math	3 years (30), must complete at least Algebra 1	3 years (30), must at least complete through Algebra II	3 years (30), must at least complete through Algebra II; 4 <sup>th</sup> year recommended
Science	3 years of Lab Science (30)	3 years of Lab Science (30)	3 years of Lab Science (30)
Social Science	3 years (30)	3 years (30)	3 years (30)
Service Learning	4 years (40)	4 years (40)	4 years (40)
Foreign Language	1 year any combination (10)	2 years of same language (20)	2 years of same language (30); 3 <sup>rd</sup> year recommended
Visual & Performing Arts		1 year same course (10)	1 year same course (10)
Physical Education	2 years (20)	2 years (20)	2 years (20)
Orientation	4 years (8)	4 years (8)	4 years (8)
Electives	To total 216 credits	To total 226 credits, including 1 year (10 credits) of College Prep electives	To total 246 credits, including 1 year (10 credits) of College Prep electives

### My Four-Year Plan:

Grade 9	Grade 10	Grade 11	Grade 12
Subject: English 9 Sem 1: <input type="checkbox"/> Sem 2: <input type="checkbox"/>	Subject: English 10 Sem 1: <input type="checkbox"/> Sem 2: <input type="checkbox"/>	Subject: English 11 Sem 1: <input type="checkbox"/> Sem 2: <input type="checkbox"/>	Subject: English 12 Sem 1: <input type="checkbox"/> Sem 2: <input type="checkbox"/>
Subject: Math ( _____ ) Sem 1: <input type="checkbox"/> Sem 2: <input type="checkbox"/>	Subject: Math ( _____ ) Sem 1: <input type="checkbox"/> Sem 2: <input type="checkbox"/>	Subject: Math ( _____ ) Sem 1: <input type="checkbox"/> Sem 2: <input type="checkbox"/>	Subject: Math ( <i>UC Recommend</i> ) Sem 1: <input type="checkbox"/> Sem 2: <input type="checkbox"/>
Subject: NGSS Life Science Sem 1: <input type="checkbox"/> Sem 2: <input type="checkbox"/>	Subject: NGSS Earth & Space Sci. Sem 1: <input type="checkbox"/> Sem 2: <input type="checkbox"/>	Subject: NGSS Physical Science Sem 1: <input type="checkbox"/> Sem 2: <input type="checkbox"/>	
	Subject: Social Science (W. History) Sem 1: <input type="checkbox"/> Sem 2: <input type="checkbox"/>	Subject: Social Science (US History) Sem 1: <input type="checkbox"/> Sem 2: <input type="checkbox"/>	Subject: Social Science (Am. Govt. - Sem 1) / CP Elective (Econ. - Sem 2) Sem 1: <input type="checkbox"/> Sem 2: <input type="checkbox"/>
Subject: Service Learning (Service Learning) Sem 1: <input type="checkbox"/> Sem 2: <input type="checkbox"/>	Subject: Service Learning (Career Education) Sem 1: <input type="checkbox"/> Sem 2: <input type="checkbox"/>	Subject: Service Learning (Internship) Sem 1: <input type="checkbox"/> Sem 2: <input type="checkbox"/>	Subject: Service Learning (Senior Project) Sem 1: <input type="checkbox"/> Sem 2: <input type="checkbox"/>
Subject: Foreign Language/Visual & Performing ( _____ ) [UC Rec. 30 credits of Foreign L.] Sem 1: <input type="checkbox"/> Sem 2: <input type="checkbox"/>	Subject: Foreign Language/Visual & Performing ( _____ ) [UC Rec. 30 credits of Foreign L.] Sem 1: <input type="checkbox"/> Sem 2: <input type="checkbox"/>	Subject: Foreign Language/Visual & Performing ( _____ ) [UC Rec. 30 credits of Foreign L.] Sem 1: <input type="checkbox"/> Sem 2: <input type="checkbox"/>	Subject: Foreign Language/Visual & Performing ( _____ ) [UC Req. 10 credits of VAPA] Sem 1: <input type="checkbox"/> Sem 2: <input type="checkbox"/>
Subject: Physical Education Sem 1: <input type="checkbox"/> Sem 2: <input type="checkbox"/>	Subject: Physical Education Sem 1: <input type="checkbox"/> Sem 2: <input type="checkbox"/>	Subject: Elective ( _____ ) Sem 1: <input type="checkbox"/> [ONLY college prep elective for CSU/UC] Sem 2: <input type="checkbox"/> [not for CSU/UC]	Subject: Elective ( _____ ) Sem 1: <input type="checkbox"/> [Not for CSU/UC; only if not meeting the 15 elective credits requirement already]
Subject: Orientation (Frosh Check) Yearlong: <input type="checkbox"/> (1 cr.)	Subject: Orientation (Soph. Check) Yearlong: <input type="checkbox"/> (1 cr.)	Subject: Orientation (Junior Check) Yearlong: <input type="checkbox"/> (1 cr.)	Subject: Orientation (Senior Check ) Yearlong: <input type="checkbox"/> (1 cr.)
Credits Completed: _____ Cr. Ahead: _____ Cr. Deficit: _____	Credits Completed: _____ Cr. Ahead: _____ Cr. Deficit: _____	Credits Completed: _____ Cr. Ahead: _____ Cr. Deficit: _____	Credits Completed: _____ Cr. Ahead: _____ Cr. Deficit: _____

### Additional Requirements/Recommendations:

Grade 9	Grade 10	Grade 11	Grade 12
<b>State Testing:</b> <ul style="list-style-type: none"> <li>Physical Fitness Test (PFT)</li> </ul>	<b>State Testing:</b> <ul style="list-style-type: none"> <li>N/A</li> </ul> <b>CSU/UC Recommendations:</b> <ul style="list-style-type: none"> <li>PSAT</li> </ul>	<b>State Testing:</b> <ul style="list-style-type: none"> <li>SBAC Math, English, and Science</li> </ul> <b>CSU/UC Recommendations:</b> <ul style="list-style-type: none"> <li>PSAT</li> </ul>	<b>CSU/UC Requirements*:</b> <ul style="list-style-type: none"> <li>SAT/ACT</li> </ul> <p><i>*possible exemptions due to COVID.</i></p>